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**For more information:**  
Sarah Hutchinson  
Winfield Senior Living Community  
**620.221.4660**

**WISE ADVICE FROM A LOCAL SENIOR ON THE EVE OF HER 100<sup>TH</sup> BIRTHDAY!**



Alice Schwartz  
(Photographer: S. Hutchinson)

**[Winfield, KS, Jan 24, 2018]** – The staff at Winfield Senior Living Community are excited to help a Kansas native celebrate her 100<sup>th</sup> birthday on February 19, 2018.

Born in Argonia, Kansas, Alice Schwartz was one of seven children. She was affectionally called, “Middla” by her family because she was the middle child. Alice met her husband of 50+ years in Yates Center and was married at the age of twenty. The young couple traveled to California, Florida and Alabama while he served in the military.

Alice describes living in many Kansas communities throughout her long life including, Iola, Yates Center, Clearwater, and Wichita. “I grew up working on many Kansas farms” she said. Alice and her husband owned a Phillips 66 gas station on 2<sup>nd</sup> Street in Wichita and raised one child together.

Alice was a talented seamstress and loved to sew and made the clothing for her daughter and for herself. She has many fond memories spanning her century of living; among them, her admiration of President Eisenhower, who she states was a “friend.”

When the staff asked Alice if she has any advice for others in how to reach 100 years of age she replied, “Just do what you can to help people.” This is advice she still follows today. Alice collects pop tabs to help those in need at the Ronald McDonald House. She enlists the help of her granddaughter to mail the tabs to an organization that upon receipt, helps to pay for the utility bills in the Ronald MacDonald homes. Alice has collected thousands of these tabs over the years to help kids and their families that access the Ronald McDonald homes in their time of need. To send Alice a birthday card, and perhaps a soda pop tab or two, please use the following address: Alice Schwartz, C/O Winfield Senior Living, 1320 Wheat Rd., Winfield, KS 67156.

***About Winfield Senior Living Community***

*Winfield Senior Living Community provides comprehensive short-term nursing care and therapy services, extended care and convenient and affordable assisted living accommodations. Winfield Senior Living Community is A FIVE STAR ranked facility and is located at 1320 Wheat Road, Winfield, KS 67156 and is managed by Frontline Management, a healthcare management company located in Lafayette, CO. For more information about Winfield Senior Living, please call 620-221-4660.*